



# *Come to the Feast*

## **Prayer** *Gather*

### *Listen*

either listen again to Matthew 28: 19-20  
or to 1 John 1:1-4

### *Respond*

song of mission (*listen or sing*)  
and/or intercessions/spontaneous prayer

*Go!*

## **Week 5: Go!**

### **Gather**

Welcome and prayer  
*including a reflection on last week's 'Go!' suggestions*

### **Listen to Scripture**

Matthew 28: 16-20

*The Great Commission:*

*"Go, therefore, make disciples of all the nations"*

### **Respond**

1. What makes you hesitate/doubt in your faith-life?
2. How do you feel about sharing your faith with others?  
What would help you to feel more confident?

*Richard Martin 2017*

*With thanks to the Liturgy Office of England & Wales for extracts and ideas from  
'With Hearts and Minds'(2005) and 'In Spirit and in Truth'(2011)*

## ***Listen to the Church***

### ***Celebrating the Mass***

217 After the Communion Rite, the Mass closes with a brief Concluding Rite. Its purpose is to send the people forth to put into effect in their daily lives the Paschal Mystery and the unity in Christ which they have celebrated. They are given a sense of abiding mission, which calls them to witness to Christ in the world and to bring the Gospel to the poor.

*Mane Nobiscum Domine (John Paul II 2004)*  
*Apostolic Letter for the Year of the Eucharist 2004/5*

24. The two disciples of Emmaus, upon recognizing the Lord, “set out immediately” (cf. *Lk* 24:33), in order to report what they had seen and heard. Once we have truly met the Risen One by partaking of his body and blood, we cannot keep to ourselves the joy we have experienced. The encounter with Christ, constantly intensified and deepened in the Eucharist, issues in the Church and in every Christian *an urgent summons to testimony and evangelization*.

27. The Eucharist is not merely an expression of communion in the Church's life; it is also a *project of solidarity* for all of humanity. In the celebration of the Eucharist the Church constantly renews her awareness of being a “sign and instrument” not only of intimate union with God but also of the unity of the whole human race. Each Mass, even when celebrated in obscurity or in isolation, always has a universal character. The Christian who takes part in the Eucharist learns to become a *promotor of communion, peace and solidarity* in every situation.

## ***Respond***

1. How do you feel when you come out of Mass?
2. In what ways does your time at Mass influence the rest of your week?
3. How do you feel about the different alternatives for the words of dismissal?
4. How has *Come to the Feast* helped you?

## ***Go!***

1. Think about how your everyday life is a Christian witness to others.
2. Continue learning more about your faith and deepening your relationship with Christ.
3. Prayerfully and thoughtfully complete your evaluation sheet and return it.